

# **LESSON 5: WELCOME TO KINGDOM FULLNESS (PART 3) - STEPPING INTO THE BAPTISM AND FILLING WITH THE HOLY SPIRIT**

*Activity: Fresh Filling Challenge*

*Supplies:*

- Two buckets (or bowls)
- A sponge
- Water

*Instructions:* Take one bucket and fill it with water and leave the other bucket empty. Using only your sponge, fill the empty bucket with water by dunking the sponge in the full bucket and squeezing the water out of the sponge into the empty bucket. How fast can you move all the water? Time yourself and see if you're faster than your sibling or friend.

*Remember:* There is one baptism with the Holy Spirit but there are daily fillings. The great news is that God's bucket of Holy Spirit power never runs out! We can be freshly filled and freely share that power with everyone every day!